



Schoolhouse Pediatrics

Name: _____ Date: ____ / ____ / ____

Weight: _____ Length: _____ in. Head Circ.: _____

TWO WEEKS

FORMULA FED BABIES

- Continue with iron fortified formula to increase the amount offered according to the baby's demand (approximately 2-3 oz. per pound, per day). There is no need to start solids. The average two week old will be taking 3-4 oz. every 3-4 hours although each baby is different.

BREAST FED BABIES

- Breast feeding should be continued without supplement if possible. Try introducing a bottle at two weeks of age (expressed milk) once daily. This will be an opportunity for the father to feed the baby.
- Continue ADC vitamins.

SUGGESTION

- Report immediately any temperature of 100.4° (rectal) or greater.
- Set thermostat on your water heater to less than 120°.
- Equip home with a smoke alarm.
- Don't leave your baby unattended on table, couch or chair.
- Don't leave your baby alone with pets or young children.
- Never jiggle or shake the baby's head.
- Babies should sleep on their backs.
- Bowel Movements: Babies may strain with bowel movements. This is normal as long as bowel movements are soft. Breast-fed babies have watery stools. Breast-fed babies may stool every feeding or as infrequently as once per week.
- Continue to make sure anyone who holds your infant always washes their hands first. Avoid contact with sick friends/family members.



(Main Office)

81 Schoolhouse Rd. | Albany, NY 12203

Phone (518) 456-1211

Fax (518) 452-2535

1750 State Rt. 9
Clifton Park, NY 12065

11835 State Rt. 9W, Suite 3
West Coxsack, NY 12192